

## ADVANCED PROTOCOLS



Welcome to the "Advanced Protocols", designed to help initiate closer and more meaningful contact. Please share your results & experiences so we may improve & share with more people for free!!! Start now by opening your heart, to the very real reality that you will be soon communicating with spiritually and technologically advanced BENEVOLENT races! What an amazing blessing! Feel lucky cause you are...and you have responsibility in this position. This is serious, serious stuff & you must be a good ambassador for humanity! Enjoy!

"I'd rather be a FOOL for love, than WISE for any other reason!"

....."Buddy"

## BACKGROUND

### BELIEFS

WE believe, that in order to make positive constructive contact, you must understand the "nature" of the visitor's philosophy... and ALSO SHARE IT. You must share their beliefs to increase your chances of contact. We believe THE VISITORS treasure data....data is the most valuable thing to an advanced intelligence. And lifeforms are one of the densest forms of data. So logically, advanced lifeforms treasure "all ecosystems"...and life.

We believe they can read consciousness & can read your intent non-temporally. (The more you can tap into the subconscious ... the more you can "connect" as an "LOVING BEING" with them.) Because they can read your consciousness you must be earnest and open... assume they know everything...You must focus on enjoying the experience IN THE MOMENT. If this is your first experience at this location, don't try to video or photo for later, instead be in the NOW! (They know if you are in it for now.... or later...so, be in the NOW.)

Keep in mind the universality of "laws and emotions"... they are the same across the Cosmos. Although the laws of the universe are the same, there are small local variations, and not all races and beings have the same abilities or understanding of emotions or cultural cues. So, when unsure, focus on LOVE and err on the side of caution and passive respect. Do NOT underestimate their understanding of you or the people around you. Although highly intelligent and pragmatic, they prize efficiency, so try to be timely and try not to misinterpret their motives. ULTIMATELY, THEY LOVE AND CARE ABOUT US IN A MATERNAL WAY!

Advanced civilizations know each other and are inherently peaceful and cooperative as the most obvious productive choice. Most have "hive minds" or Collective consciousness in most positive sense of the words. Just think...our society is more than half way there with the internet, security cameras, government surveillance. As the EXPONENTIAL POWER of technology grows, transparency and Collective Consciousness is the only way to prevent a few from destroying ALL. PLUS, we believe, across the universe there is a CONSCIOUSNESS FIELD where all information in all of space/time can be accessed...

We call it the LIMEN...but is called many things...The Akashic Record.... The Monad.... the PROGRAM, that the computer that runs this simulation operates.....THE ONENESS...GOD....LOVE..... So be open and transparent... as you have no choice- (because all is RECORDED in the LIMEN anyway) Lol

\*\*\*To understand more background and context we recommend watching the Alien Protocols YouTube channel\*\*\*\* ...or email us at [ALIENPROTOCOLS@GMAIL.com](mailto:ALIENPROTOCOLS@GMAIL.com)\*\*\*

**YOUR GOALS.** Your goals/ideals must be aligned with theirs or you will not make contact. If you work for a private corporation that is researching advanced propulsion and power systems or a government agency (that would use data for war), you might as well stop here. These won't work for you either. ***They also won't work if, in the future, someone gives the data to government!*** THE VISITORS have the ability to tap into the subconscious "LIMEN" where all space time and matter connect, so you can't hide your goals, beliefs, agendas or future intentions. If your goals are for peaceful contact and protecting and preserving the biosphere, then your chances of a contact experience are much higher.

### **PREPARING MIND AND BODY**

For maximum effect...

You must go full vegetarian (no beef, pork, lamb, chicken, fish or eggs. In other words, no animal that had to die to feed you). Milk & butter is okay. This dietary change should be started a minimum of one to two weeks, or more, in advance of your contact effort. It's about purifying the body and mind, both inside and out. All meals should be started with prayers of thankfulness and gratitude for the lifeforms that you must eat to survive. In this way, you ingest and incorporate its energy into yourself to add to your LOVE BATTERY.

Just as some cultures practice Lent, you should "fast" from things that are "important" to you, as a peace offering of love through self-sacrifice. They can be physical or nonphysical things...but they must be something of important to you. You may also FAST completely from food the last two days.... just drinking water...and other needed liquids.

FASTING helps purify the body and mind...and give perspective on the material and nonmaterial things in live we often cling to.

NO DRUG OR ALCOHOL USE DURING THIS TIME (except for your medical needs). A small amount of "Ceremonial wine" is ok.

Practice a minimum of two 30-minute meditations a day, (morning & before bed). Concentrate on universal oneness and connectivity through "subtext/LIMEN/ MONAD" that connects us all. Imagine a wave, inside a particle in your mind, that grows and ripples throughout your full mind, body, room, city, state country, planet, galaxy, supercluster "arm" of galaxies, universe, super-dimensions and beyond! Then imagine it returning back again from the opposite direction bringing positivity and guiding the GOOD beings back to your EXACT LOCATION. Then smaller and smaller back to the particle/wave in your mind where it began. At the end of each journey to the ends of spacetime and back, try to end your meditation with a SPECIFIC REQUEST of exactly the kind of peaceful encounter that you and your group want!

Take two ritual showers a day for 5 days (cleanse morning & evening) - If camping, use wet wipes then burn them. Concentrate on removing toxins, negativity, "bad" energy, greed, FEAR... and raising your harmonic vibrations.

Meditations should focus on oneness, universal love and cleansing the body of negativity... You are transmuting fear into love and ***getting in touch with their subconscious/intuition*** by forgetting your Earthly senses and traveling through the "Limen", to ANY place in all spacetime. Your meditations should also focus

with heavy emphasis on the dynamic, wondrous inter-reactivity of the planetary biosphere systems; how they cooperate and feed and stimulate and actualize each other. Think of the effervescent energy and NEED that interplays between all the systems connecting everything...how ultimately everything is energy.

Challenge yourself to FIGHT FEAR. Meditate in a dark place at least 3 times that week. (your dark scary basement, out in the woods... the attic...a place that makes you feel uncomfortable...confront the fear with love... try to ground yourself in love, KNOWING that you are safe.

If anything brings you excessive stress & negativity during this week...makeup for it with extra meditation.

Do things to increase your theta brain waves like eat chocolate and drink mugwort tea... play strategy or word games...meditation also increases theta waves - (4-Hz -8Hz is the theta range.)

You can also listen to audio tapes of binaural beats and isotropic tones that are available on YouTube or buy the CD's. You need to listen with headphones or earbuds.

## CONTACT LOCATION

*Stay away from major public locations like airports...or any place a sighting would cause lots of fear. STAY AWAY from high voltage lines, cell phone & relay towers, big satellite dishes and EMF sources.*

Select a private secluded area with wide open space in every direction, a safe zone, the more private the better.

Clear the space: We use sacred tobacco, but feel free to do whatever works for you and removes negative energies and "vibrations", intent or historic negativity...Feel free to smudge with sage, cedar or sweet grass.

Sit in circle facing each other for the last two nights minimum (preferably more nights than two as a group, but two is the minimum) Do at least three group meditations a day. Perform 1 or 2 group tai chi/solar salutations and harmonic notes/tones (i.e. bells, singing bowls. We each have our own preferences.... Do what feels right to you).

### **"ENCROACHMENT SPACE"**

This is a geographically defensive position which allows ALL to feel safe, and It provides a way for rapid retreat, in case there are fears or concerns from the visitors or the viewers. An encroachment space is any change in terrain such as a wood-line, ocean, river or mountain(s).

Your group circle should be a MINIMUM of 100 ft away from an "encroachment space" and no closer. Preferably further... 200-300 ft away. Not required, but feel free to set up an altar or offering table at the tree line or encroachment border. Set out simple and small gifts like live potted Flowers, music CD, kid art, etc. personal touches are nice. AFTER setup, do NOT let anyone approach the table or encroachment line. Stay at least 100 feet away.

Be prepared for close contact from the encroachment line.... if you see or feel any effects (wispy smoke, mist, strange light(s), colors, orbs, tingly sensations) ... ANYTHING WEIRD... *Calmly* tell the group and remain quietly seated and welcoming. If you find yourself in shock or frightened, take a couple deep breaths and force a welcoming smile as it will help you relax and change your mood. Expect something will happen and thus *do not be afraid* if and when it does. Be welcoming and open hearted!!!!!! If you see a craft in the sky... start the protocols listed below.

If you see a portal opening, or other strange phenomena, just relax and be welcoming with a childlike exuberance. DON'T MOVE, let them do what they came to show or teach you...allow *them* to lead. Do NOT approach any phenomena. Let it manifest.

### TOOLS TO HAVE ON HAND

**Pen & Pad:** Everyone should have a pad and pen to take notes, write or draw any inspired images or what you see. You might receive a telepathic message for yourself or the group.

Entice participants to remote view and to use the pad to write out requests, prayers, affirmations and any intuitive feelings.)

**Laser pointer:** This is best limited to one for the team leader or appointed spotter to limit accidental injury or mistakenly shining at an aircraft (which is a felony). That said, these can be used to initiate or respond to an initiation of contact – red is preferred as it's less intense than green which is also illegal in some states). Never hit them directly with the laser. Instead, go around them in circles... or back and forth in front of them. If they mimic you, mimic them.  
"play the game".

**Spotlight or flood light:** Same as above. You can also use it to mimic flashing. If they flash once, you flash once, etc. Or start the game by flashing once or twice and wait for a response. Build from there.

**Sound Devices:** (Suggested, but not required) Drum Circles, Tibetan Singing Bowls, and other harmonic acoustic aids can increase the communal intent and unify your group. Use them minimally in the way that FEELS right for you, like during meditations etc. A recorded series of tones may be broadcast such as the sounds recorded within crop circles or the sounds of space. We do NOT recommend incense burning DURING the CE5.

## THE " ADVANCED PROTOCOLS"

There are 4 INTENSITY levels in a logical and increasingly assertive order. They increase in strength from thought, to visualization, to spoken word, to physical movement... to All at Once!

### LEVELS OF INTENSITY

#### 1) Thought

Thoughts (just thinking out the words/messages/desires)  
Visualizations

#### 2) Vocalizations

Speaking your intent and desires  
Chanting (Tibetan Buddhist)  
Prayer

**3) Physical Movement.**

Gestures, moving backwards, lowering posture or advancing palms up eye contact, lowering head, prostrating oneself etc.

Welcoming basic gestures...to writing requests on your pad! (let your group leader assist and lead)

**4) ALL at once****MEDITATION**

Here is where you can use traditional CE5 techniques and just add our protocols to the top.

**HARMONIC BREATH MEDITATIONS**

Take a deep breath ....

In through the nose, out through the nose, then in through the mouth and then out through the mouth. Then in through the nose and out through the nose...when ready take a deep breath...then.... Take exactly half your total breath....and use half for a coughing huffing sound, that you (using the 2nd half of your breath) transition into humming sounds you feel vibrating and resonating in your ears. Imagine this as a harmonic wave that ripples outwards in all directions of spacetime and other universes, dimensions and goes out to the very ends off all creation & beyond... sending love and requesting peaceful contact with spiritually advanced civilizations.

Think of this "vibration wave" as THE universal frequency for peaceful contact. You are hitting a "tone" that resonates and make things at a distance resonate WITH you... Now imagine the wave coming back...reversing from the ends of the universe...and bringing the positive civilizations back with you to our solar system...our planet...your state...city...then right to your CE5 group. Repeat at least 3 times... each time imagining the "wave" in different colors and intensities...and bringing THEM back to your solar system, your country, your state, town, then group!

**WHEN THE SIGHTING HAPPENS****IN AIR:**

**ACTION #1:** Visual sighting

**REACTION #1:** FREEZE...allow a comfortable moment to pass, then...

**RESPONSE:** Focus positive thoughts of wanting them to come closer. Go from intensity 1-4 asking them to come closer, assuring and showing them, you are not scared! (If unsure, do the most PASSIVE thing)

**ACTION #2:** Craft moves closer

**REACTION #2:** If seated stand... if standing, take several steps forwards in cautious loving respect.

**RESPONSE:** the craft may do a visual change (A flash, increase brightness or shape change). The reactors response is to mimic.

**ACTION #2- A:** Craft does nothing...

**REACTION:** If seated stand...if standing take several steps forward in cautious loving respect. Pause. If still nothing, then move to floodlight signal around them or back and forth in front of them. Do not hit directly.

**RESPONSE:** the craft may do a visual change (flash, increase brightness or shape change), The reactors response is to mimic.

**ACTION #3:** Craft approaches more or responds with light flash.

**REACTION :** Mimic, FREEZE

**RESPONSE:** Control of the game is up for grabs. It's like playing ball with a hyper puppy... sometimes the puppy wants to be chased... or to chase! But don't push the game too fast... do not approach if trust has not been established first.

IF YOU'VE gotten this far, it's already a victory! Ask through your subconscious for more contacts in the future, at the same place, in same way. But always start from level 1 intensity for each contact.

*Remember* the weird nervous fear/excitement you have now. The whole-body excitement and weird feeling in your stomach. In the future you'll get that feeling JUST BEFORE VISITATION because you have already made contact!!!

Never approach without due cause and clear authority.... do not be too assertive. You have time. And when in doubt choose the MOST PASSIVE response. It's better to be patient and not PUSH it. Always choose the most passive action out of love & respect.

We have MUCH more Advanced Protocols as an interaction flowchart. And yet, if you've gotten this far... you & they.... will figure out the rest... Congratulations, YOU NOW HAVE NEW FRIENDS!!!!...and COULD CHANGE THE WORLD...GREAT RESPONSIBILITY IN YOUR HANDS...

"LOVE TO ALL ... and IS all."

"Buddy"... Aka ... "AP"

***CONTACT: For more info email us at [ALIENPROTOCOLS@gmail.com](mailto:ALIENPROTOCOLS@gmail.com)***